SATURDAY | OCTOBER 17, 2026

YOUR CONFERENCE DAY

MORNING SESSIONS • ARLINGTON HEIGHTS, IL

9:00-9:50 AM

ARBOR A	ARBOR B	ARBOR C	ARBOR D	OAKWOOD A	OAKWOOD B	OAKWOOD C
Jason Gobeli	**Dr. Kweetai Neill**	**Steve Rollins**	**Ivan Rose**	**Hester Lubin**	**Mike Myers**	**Janet Rapala**
The FFL Hypnotic Facial – An Identity Alignment Shift You Can See	Stop Suffering and Start Living Healing Trauma — A Live Demonstration of iChange Therapy™ A Swansong Offering	Expect the Unexpected Techniques to build your Confidence when dealing with Abreactions	Working Effectively With Adult ADHD: Tools, Regulation, and Neuro-Informed Change	Experiential: Play as the Doorway to Deep Change	HypnoMeditation: Awaken Your Greatness Through Self-Hypnosis	Hypno Massage: Where Touch Meets Trance

10:00-10:50 AM

ARBOR A	ARBOR B	ARBOR C	ARBOR D	OAKWOOD A	OAKWOOD B	OAKWOOD C
Marc Marshall	**Paul Wong**	**Natalya Chevskaya**	**Deni Van**	**Carolyn Cahn**	**Lenora Edwards**	**John Launius**
10 - 11:50 · PAST MEETS PRESENCE - What Yesterday Can Teach Us About Being Here Today	How to Release Ancestral & Generational Beliefs, Traumas, and Conditioning Hardwired in the Bones	Unlocking Insight with Metaphoric Associative Cards	Hypnosis as a Living Process: Imagination, Sound, and Somatic Intelligence in Practice	Eavesdropping on the Mind: What Your Brain Is Saying About You (and How to Change It)	Why Knowing Isn’t Enough: 5 Emotional Patterns That Keep Clients Stuck with Food	The Scent of Trance: Monkō and the Hypnotic Mind

11:00AM-12:00PM

ARBOR A	ARBOR B	ARBOR C	ARBOR D	OAKWOOD A	OAKWOOD B	OAKWOOD C
CONTINUES	**Dr. Pam Tolman**	**Daniele Favaro**	**Dr. Carrie Stark**	**Dr. Griselda Galvez**	**Lynsi Eastburn**	**Carmen Sauciuc**
From previous time slot	BEYOND THE DREAM Group Session Discover What Your Dreams Are Trying to Tell You	Never Chase: Close Emotional Loops and Build Unshakable Inner Stability	The Quiet Burnout: Helping Clients Recognize Stress, Exhaustion, and Emotional Overload	Hypnosis for your Neurodivergent Client	Hypnosis for the Overthinking Mind	Empaths and Ultra-Empaths: Self-Other Distinction in Identity Architecture™

12:00–1:30 PM — **HYPNO-FAMILY ITALIAN LUNCH**

Spaghetti • Salad • Bread • Vegetarian option available

Times and titles transcribed from the supplied Saturday schedule. Extended sessions are noted in their cards.

HYPNOSIS WORLD
MID-AMERICA CONFERENCE

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YOUR CONFERENCE DAY

AFTERNOON SESSIONS & SATURDAY NIGHT GALA

1:30 – 2:50 PM

ARBOR A	ARBOR B	ARBOR C	ARBOR D	OAKWOOD A	OAKWOOD B	OAKWOOD C
Matt McMillan THE MindSHift PLAYGROUND EXPERIENCE Group Session	**Rich Guzzi & Claudia Rickard** The Good, Bad, and Ugly of Performing Hypnosis	**Karen Hand** The Curiosity Protocol	**Mike Deninger** Neuroplasticity and Change Work: What You Need to Know	**Alessandro Gavello** Drug of Choice. Generate Your Own Powerful Inner State, on Demand.	**Holly Stokes** Hypnosis as Mind-Body Medicine	**Tracy Barrett Adams** Insomnia – 3 Essentials for Long Term Success

3:00 – 3:50 PM

ARBOR A	ARBOR B	ARBOR C	ARBOR D	OAKWOOD A	OAKWOOD B	OAKWOOD C
Claudia Rickard Experience Havening® — Let Go & Power Up - Group Session	**Charles Buckingham** 3:00-4:20 PM · Metaphysical Mentors Group Session	**Matt Dickson** Confidence Is a Side Effect: What Yoga Taught Me About Hypnosis	**Helen Boland** Hypnotherapy & Trauma Release	**Sean Schoonover** Stacking Modalities including Psychedelics for Healing	**Benedikte Brantsæter** Enhancing Performance and Resilience in High-Stakes Situations – The Power of Mental Training and Hypnosis	**Janet Rotella** Beyond Words: Hypnosis & Energy Work for Autistic, Neurodivergent, Special Needs & Low-to-Non-Verbal Individuals

4:00 – 4:50 PM

ARBOR A	ARBOR B	ARBOR C	ARBOR D	OAKWOOD A	OAKWOOD B	OAKWOOD C
Elena Huttenlocher 4:00-6:00 PM · NeuroGraphica: The Art of Rewiring Your Mind Interactive Session	**___ 4:30-5:50 PM Brisa Chicon Rose Room Reading Group Session** Continues:	**Ken Guzzo** Ken will presenting Something AMAZING!	**Theresa Price** The Holy Trinity of Calm: Replacing Anxiety in Under 15 Minutes	**Jeff Benink** What About YOU! The Most Important Client You'll Ever Work With Might Be Yourself.	**Tamas Pocze** Human Design in Hypnosis: 5 Client Types - Why Your Marketing Attracts the Wrong People	**Antonio Perez** Reframe Failure with Improv Comedy Games

5:00 – 6:00 PM

ARBOR A	ARBOR B	ARBOR C	ARBOR D	OAKWOOD A	OAKWOOD B	OAKWOOD C
CONTINUES From previous time slot	**CONTINUES** From previous time slot	**Linda Thurnberg** Group Hypnosis: Multiply Your Impact and Grow Your Practice	**Meghan Helms** Stillness Within: Hypnosis for Mindful Awareness	**Mary Welp** RISE Hypnotic Meditation and Sound Bath Experience	**Leon Sankofa** Before You Love Again: Heal the Emotion. Honor the Value. Break the Pattern.	**NO SESSION LISTED**

7:30 PM–MIDNIGHT — **SATURDAY GALA • DINNER • AWARDS • SHOW**

Red carpet • Misty & The Sandman • Dancing

Room and extended-session times follow the source spreadsheet. Please verify any last-minute program changes.